

# the thirty-a REVIEW™

## INSIDE:

Delicious Dining on 30-A  
30-A's Special Communities  
Hot Real Estate  
Health & Wellness  
Art, Business, Culture  
& More...

# Spring *Break* issue



# Recently Sold by Stewart



WATERSOUND

281 Salt Box Lane  
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WATERCOLOR

764 Western Lake Drive  
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WATERCOLOR

66 Mystic Cobalt Street  
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WATERCOLOR

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www.Stewart.30APropertySearch.com



WATERCOLOR

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38 W St Lucia Lane THE RETREAT  
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Offered by **Mike Cole**  
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53 Caliza Lane ALYS BEACH  
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87 The Greenway Loop SEACREST BEACH  
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Offered by **Janet Murphy**  
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111 Seabreeze Boulevard SEABREEZE  
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Offered by **Lynn Vaughn Stoner**  
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Offered by **Elizabeth Bell Schermerhorn**  
c: 240.994.0090 | elizabeth@theppg.net



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3 Bd | 3/1 Ba | 2,458 Sq Ft | \$2,150,000



Offered by **Oliver Robbins**  
c: 850.533.9161 | oliver@theppg.net



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Offered by **Scott Markowitz**  
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## ART THAT STIRS THE SOUL



**SIMON KENEVAN** Soulful Communion, 36 x 36



**JOSEF KOTE** Splendid, 40 x 40



**STEVEN QUARTLY** Rosemary Sunset, 24 x 48



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It was a pleasure to represent both Sellers and Buyers this year on their sales and purchases of some exceptional and exquisite beach properties that define the architectural beauty and coastal elements of our area.

If you have interest in selling *your beach property* this season, I would be so delighted to hear from you.

*-Erin Oden*

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114 S WATCH TOWER LANE, GULF-FRONT, WATERSOUND BEACH  
LUXURY GULF-FRONT RESIDENCE IN WATERSOUND BEACH



59 AUBURN DRIVE, GULF-FRONT, GRAYTON BEACH  
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51 PARK ROW LANE, GULF-SIDE, WATERCOLOR  
PROMINENTLY POISED RESIDENCE SOUTH OF 30A



8696 E CO HWY 30A, GULF-FRONT, 30A EAST  
GULF-FRONT BEACH HOUSE CLOSE TO ALYS BEACH



95 HOPETOWN LANE, GULF-SIDE, ROSEMARY  
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# letter from the publisher

## SPRING BREAK



Spring break at the beach means many things. Relaxation. Fun. Good food. Family and friends.

The beach has it all. And 30-A provides an exceptional backdrop to all of the above. Whether it's a trip to the Sugar Shack or Frosty's Italian ice, or one of the many fine eateries from Blue Mountain to Rosemary Beach, 30-A and the surrounding area will not disappoint.

We invite you to peruse the pages that follow to discover some of 30-A's finest gems. The commonality is a desire to please with a passion for excellence. Top it off with a strong dose of fun and you have the perfect blend.

After all, spring break means different things to different folks, but it always means good times.

Until next issue, let the good times roll.

Miles K. Neiman

View the entire publication online at [www.ThirtyAReview.com](http://www.ThirtyAReview.com)



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Simply Elegant Bridals, [www.sebridals.com](http://www.sebridals.com)

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Lunch, 11:30am – 4pm, Tuesday & Wednesday  
Dinner, 11:30am – 8pm, Thursday to Monday

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# Theatre and Events in March and April

## ALYS BEACH

### Live Music at Fonville Press

FONVILLE PRESS

Enjoy live music performed at Fonville Press alongside a bite to eat and beverage of choice, available for purchase. Contact: Fonville Press: (850) 213-5564

Free and open to the public.

March 1, 5pm-7pm  
 March 8, 5pm-7pm  
 March 15, 5pm-7pm  
 March 22, 5pm-7pm  
 March 29, 5pm-7pm  
 April 5, 5pm-7pm  
 April 12, 5pm-7pm  
 April 19, 5pm-7pm  
 April 26, 5pm-7pm

### Wine & Song

NEAT

A few select wines will be showcased with light bites and live music. Case deals on featured wines. Contact: NEAT: (850) 213-5711

Cost: \$15 per person – 21 and up

March 6, 5pm-7pm  
 March 13, 5pm-7pm  
 March 20, 5pm-7pm,  
 March 27, 5pm-7pm  
 April 3, 5pm-7pm  
 April 10, 5pm-7pm  
 April 17, 5pm-7pm  
 April 24, 5pm-7pm

### Spring Reels

ALYS BEACH AMPHITHEATRE

7:30pm

Bring blankets and low-back chairs to enjoy a movie under the stars in the Amphitheatre. Henry's Pizza Truck will be available for food and beverage.

*Finding Dory*..... 3/6  
*Dr. Seuss' The Lorax*..... 3/13  
*The Lego Batman Movie*..... 3/20  
*Sing*..... 3/27  
*Moana* ..... 4/3  
*Coco* ..... 4/10

### Spring Concerts

ALYS BEACH AMPHITHEATRE

6-8pm

Live music in the Alys Beach Amphitheatre. Henry's Pizza Truck will be available for food and beverage.



**The Scratchtones** ..... 3/7  
**Blue Ribbon Healers**..... 3/14  
**Continuum**..... 3/21  
**Mose Wilson & The Delta Twang** ..... 3/28  
**Luke Langford Band**..... 4/4  
**Forrest Williams Band** ..... 4/11

### Easter Brunch

CALIZA RESTAURANT

April 1, 10am-2pm

Easter Brunch served at Caliza Restaurant. Bring your family to celebrate Easter. Contact: Caliza: (850) 213-5700 (call for reservations)

## ROSEMARY BEACH

### MONDAYS

March 5, 12, 19, 26 & April 2

### Spring It On! Concert Series

EAST LONG GREEN

6:30pm-8:30pm

Bring your chairs and blankets and enjoy an evening of entertaining musical performances. Each week is a different show...be sure to catch one or all!

**Fais Do-Do Band**  
 (Cajun & Zydeco) ..... 3/5  
**The California Beach Boys Tribute** ..... 3/12  
**Rosemary Beach Rock & Soul Revue** (Classic Soul & lots of Rock N Roll) ..... 3/19  
**Oceans 9** (Yacht Rock) ..... 3/26  
**Instant Karma**  
 (Feel-Good Favorites) ..... 4/2

### TUESDAYS

March 6, 13, 20, 27 & April 3

### Pittman Magic, Juggling & Comedy

6:00pm to 6:45pm

Join us for a night of action-packed, fast paced crowd pleasing fun with Pittman Magic, Juggling, and Comedy! Rosemary Beach's #1 Magical Variety Show! Witness husband-and-wife award winners perform Las Vegas-style grand stage illusions, juggling, balancing, escapes, and family-friendly magic right before your very eyes! A must see for all ages!

### WEDNESDAYS

March 7, 14, 21, 28 & April 4

### Children's Theatre: "Beauty and the Beast"

NORTH BARRETT SQUARE

6:00pm

Don't miss this refreshing, funny new twist on a classic tale as old as time. (Blankets and lawn chairs welcome)

### THURSDAYS

March 8, 15, 22, 29 & April 5

### Moonlight Movies & Face Painting

WESTERN GREEN

Face Painting starts at 4:30pm,

Movie at 7:30pm

Bring the family for a wholesome and fun movie night under the stars! Blankets and lawn chairs are welcome! Come early and get your face painted by one of our talented artists. Enjoy popcorn and the best hot dogs on the beach from DogManDu!

*Despicable Me 3* ..... 3/8  
*Beauty and the Beast*..... 3/15  
*Cars 3* ..... 3/22  
*Spider Man: Homecoming*.... 3/29  
*COCO*..... 4/5

### FRIDAYS

March 9, 16, 23, 30 & April 6

### Havana Hat Bar & Got Ink?

WESTERN GREEN

Join us on Western Green for a fun-filled afternoon of creative delights! Decorate your very own fedora hat to take home as a colorful keepsake of your time in Rosemary Beach. Hats not your thing? We have amazing airbrush tattoos too! Plus kids karaoke!

## FOOD FOR THOUGHT

### Thoughtful Dinner Series featuring Chef Nikhil Abuvala

March 1, 7pm

Santa Rosa Beach Pantry, 132 Market St.

### Thoughtful Brunch featuring Townsend Catering

March 11, 10:30am

Santa Rosa Beach Pantry, 132 Market St.

### Spring Break Food & Membership Drive

March 19-23, 9am-5:30pm

BOTH Pantry Locations: 132 Market St., Santa Rosa Beach & 908 Airport Dr, Destin

### 7th Annual Food For Thought Golf Tournament

April 12, 11:30am

SANTA ROSA GOLF & BEACH CLUB

## SEASIDE

### 16th Annual Seaside Half Marathon & 5K Weekend

AMPHITHEATER, LYCEUM, ASSEMBLY HALL

March 2-4

### Seaside Farmers Market

AMPHITHEATER

Saturdays, March 10, 17, 24 & 31  
 9am-1pm (changes to 8am-noon after March 11)

Saturdays, April 7, 14, 21, & 28,  
 8am-noon (no farmers market on race weekend, March 3)

### Stories by the Sea

SOLOMON SQUARE Mondays-

Fridays, March 5 - March 30, April 2 - April 13, 3:30pm

### Broadway Theatre Camp

SEASIDE REPERTORY THEATRE/ MEETING HALL

Tuesdays, Wednesdays & Thursdays,  
 March 6 - April 12, 1-3pm

### Central Square Cinema

AMPHITHEATER

7:30pm

*The Incredibles* ..... 3/9  
*Brave* ..... 3/16  
*Monster's Inc.*..... 3/23  
*Cars 3* ..... 3/30  
*Mulan*..... 4/6  
*Toy Story 3*..... 4/13

### Children's Theatre Performance – Seaside

Repertory Theatre

AMPHITHEATER

Mondays, March 5, 12, 19, & 26,  
 April 2 & 9, 6:00pm

### Huck & Lilly Kids Music Performance

AMPHITHEATER

Tuesdays, March 6, 13, 20, 27,  
 April 3, 10, 6:00pm

### Stories by the Sea

SOLOMON SQUARE

Mondays-Fridays, 3:30pm

### Seaside's Easter Celebration

AMPHITHEATER

Sunday, April 1, 12-2pm



# Coastal Cooking

## Tommy Bahama Showcases Finesse and Flavor in New Cookbook

BY SARAH MURPHY ROBERTSON

When you relax with an orchid-adorned, much-earned Mai Tai cocktail, a visit to Tommy Bahama feels like its own mini-vacation, no matter how you've spent your day. Creating an atmosphere of comfort is a key component to their guest experience and their dynamic menus always reflect fresh local cuisine with care taken to highlight each curated ingredient.

This second volume in the Tommy Bahama cookbook series features recipes inspired from cuisine spanning the coastlines of Galveston, Texas to Tampa, Florida. *Flavors of the Southern Coast* is full of recipes you'll want to add to your repertoire. The gorgeous hardbound cookbook includes considerate instruction and stunning images from photographers Peden+Munk.

Next was the Grilled Chicken and Mango Salad skillfully layered with ingredients that ensured an adept balance of flavors. Using tender local greens from Mac Farms, punchy feta cheese, sweet blueberries, and toasted almonds and pepitas for a nutty crunch, this salad simply sang. The topping of grilled chicken, and served with a swoon-worthy Jalapeno corn bread, ensured this is no ordinary salad course.

Three entrees were enticingly presented on one plate and picking a favorite would be an impossible task. The Jerk Pork Tenderloin was brined and marinated for thirty hours leaving it fork-tender. The phrase "Gulf to Table" takes on a whole new meaning when your fresh grouper is caught a mere 50 miles off shore. The blackened fish

and a sumptuous classic Sazerac. Dessert also punctuated this incredible meal with a signature cocktail – a creamy, tart, Key Lime Martini. It was presented alongside the beloved pie version with a buttery, sweet and salty Pecan Chocolate Bar. Despite full and happy bellies, these desserts were not to be skipped.

And on top of the cookbook: 2018 is Tommy Bahama's 25th anniversary so extra care has been given. Whether you visit the Tommy Bahama restaurant in Grand Boulevard for an evening out, or make these dishes yourselves at home using their beautifully-written cookbook, you must try these well-tested recipes for yourselves. In all honesty, I'd recommend you do both!



Roasted Chicken and Mango Salad



Mai Tai



Scallop Sliders

In fall 2017, Tommy Bahama in Sandestin hosted an evening to showcase these well-crafted recipes, and to the delight of all the guests the meal was exquisite from start to finish. Executive Chef Jimmy Frantz and his team created an intricate menu and the service was impeccable.

Sourcing local product whenever possible, Tommy Bahama's Sandestin location has access to a diverse selection of incredible seafood. Setting the perfect tone for the symphony of flavors ahead was the meal's start - an amuse-bouche of seafood cocktail. This dish was composed of Pink Shrimp, Lump Blue Crab (caught just hours earlier!) and then dressed with tangy lime, a kick from jalapeno, and herbaceous cilantro.

was perfectly cooked and wowed the table upon first bite. The third entree to round out this plate was their lightly breaded and cheese-stuffed chicken breast topped with a creamy roasted red pepper sauce. This is one of Tommy Bahama's most popular dishes and we could all taste why.

The sides served with these entrees were standouts as well. The Sweet Potato Mofongo was a novel dish for many at our table. Mofongo is a traditional Puerto Rican mash made with fried plantains roasted garlic. This version included sweet potatoes and was unique and sublime.

The *Flavors of the Southern Coast* cookbook includes recipes for all these dishes as well as cocktails, such as a Hurricane Punch made with both light and spiced rums,

**Tommy Bahama restaurant is open Monday - Thursday 10 a.m. - 9 p.m., Friday and Saturday 10 a.m. - 10 p.m. and Sundays 11 a.m. - 7 p.m. Located at 525 Grand Boulevard, Sandestin, FL 32550. Contact them at (850) 654-1743**



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# An Old Florida With Some New Flavors

BY LIESEL SCHMIDT

Appearing at first glance to be a somewhat unimposing lakeside restaurant, Old Florida Fish House is an artful blend of modern and rustic, casual yet refined. It makes sense then, that alongside more classic dishes that include appetizers like Southern-style



Our property is covered with gorgeous old trees... we wanted our customers to feel as though they were transported back in time to a more secluded and idyllic Florida

fried green tomatoes and baskets of tangy, deep fried pickles are artfully prepared sushi rolls that take some of the common rolls and make them far more interesting not only to look at, but also to taste.

Using the rich abundance of seafood mere steps from their scenic back porch, the restaurant has been an area favorite since opening in 2005. But when Jill McDonald and Sandy Thomas took ownership in 2013, they made numerous changes that have taken the popular eatery to whole new levels. Without sacrificing the casual aesthetic, the style is one that injects a bit of cool modernity into an atmosphere of peace and calm—something which comes naturally to the location it enjoys overlooking a coastal dune lake called Eastern Lake, one of Florida's true and very rare gems. “We wanted to incorporate that old-Florida feel that so many people know and love. Our property is covered with gorgeous old trees, and with the restaurant situated on Eastern Lake, we wanted our customers to feel as though they were transported back in time to a more secluded and idyllic Florida,” McDonald explains.

And they've managed to do just that. Extending the spacious interior dining space is an outdoor seating area aptly called The Porch, where countless local musicians and vocal artists come to showcase their talents while guests tuck into great fare or sip on one of the signature cocktails from the bar. From lunch to dinner, there is an adept



salad or as complicated as the imaginatively named and inventively devised Picasso roll. It's clear that quality, freshness, and attention to detail are high on the priority list here. Executive Chef Thomas Stukenborg brings his 23 years of experience to the table to create food that showcases seafood at its best, while adding innovative and unexpected twists to some of the Southern classics so widely known and loved.

Freshly caught, local seafood and fish dishes are the anchors, but the modernity of the menu; along with the extensive sushi menu; are a true testament that, in this case, “Old” hardly means obsolete. “Southern food and hospitality are at the very heart and soul of our restaurant, but we have always incorporated a modern feel into our menu with fresh rolled sushi,” says McDonald.

understanding of flavors in every dish prepared in the kitchen, whether those dishes are as simple as a wedge

by butter poached lump crab meat and sautéed shrimp, resting on a bed of creamy mashed potatoes with rich and tangy lemon beurre blanc sauce. The plates are artfully arranged, precise in their layering of elements and drizzling of sauces to allow each bite to display the play of flavors, all culminating to create the perfect balance. It is both respectful of technique and honoring to the ingredients; and that pairing has been one that has kept Old Florida Fish House from being outmoded by some of the up-and-comings.

They've done well in making themselves an event space as well, providing space enough for special occasions of all kinds. And during the season, local artists are featured on the menu, amping up already delicious cuisine and giving it a catch melody that'll keep you on the hook.

**Old Florida Fish House is located at 5235 East Hwy. 30A, Santa Rosa Beach, Florida 32459. Open daily for lunch at 11:00 a.m. and serving dinner from 5:00 p.m. For more information, call (850) 534-3045 or visit [www.oldfloridafishhouse.com](http://www.oldfloridafishhouse.com)**





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# Chef Profile: Nikhil Abuvala of Roux 30A

BY SUSAN BENTON

I first met Chef Nikhil Abuvala when he was just twelve. Alongside his Indian grandmother, who was visiting America, he helped prepare an authentic Indian dinner in his home for both of our families. We had received the invitation when my husband and Abuvala's father became acquainted at our son's 8th birthday party, as the pair reminisced about food culture, specifically the Indian cuisine that had captured my husband's taste buds when he was serving as the physician to the ambassador of London so many years ago.

"My love of cooking has been with me as early as I can remember, standing in a chair rolling out fresh Indian flatbreads with my grandmother on a counter too tall for me to reach otherwise. The way she moved about the kitchen, like a general of an army commanding spices and herbs, sparked a passion for food in me that is unmatched," explains Abuvala.

When Abuvala was thirteen, (and after several invitations to dine later), I had the pleasure of seeing Abuvala in his element: not only as a young cook, but as a consummate host and entertainer, skills that came naturally to him as both of his parents excelled in this area.

When Abuvala expressed an interest in sushi making, I mentioned that chef Dan Pettis, a cooking mentor to our children at the Seaside Neighborhood School, had also rolled sushi at an early age under the tutelage of chef Tim Creehan at Beach Walk Café in Destin. Within the month, the forward-thinking teen was in an apprenticeship at the same restaurant.

Upon high school graduation, Abuvala heeded the call that lured him away to attend culinary school in Miami. Once he enrolled though, he felt that he had already mastered many of the skills that were being taught, having garnered a vast amount of knowledge from his upbringing. He craved hands-on experience and found it under the care of Dean James Max, renown for culinary consulting and his award-winning farm to table restaurants. Driven by Max and his chefs de cuisines, Paula DaSilva and Jeremy Ford, Abuvala developed an understanding of the authenticity of food and the respect for eating it.

His passion for food and his love for the Gulf Coast brought Abuvala home to South Walton in the spring of 2013 to open Roux 30A, a cozy and intimate 800-foot space in Grayton Beach. The dynamic chef has created a symbiotic relationship between the local farmers and fisherman on the plates presented, with a menu that is constantly evolving to keep current with seasonal availability.

"We attract a lot of locals. Our dining space is just 34 seats but feels larger as the whole place is an open kitchen. It's a new level of transparency," says Abuvala.



Chef Nikhil Abuvala

The open-air venue allows Chef Abuvala to create his seaside inspired modern cuisine in the state of the art kitchen, interacting with guests who eagerly await their next presentation.

feasts where Abuvala highlights cuisines from particular countries on his multi course menu. At the weekly Sunday brunch you might find a Croque Madame: Grayton's own Black Bear Bakery sourdough topped with smoked honey ham, gruyere, cheese, a fried local farm egg, and béchamel sauce.



Beef-Cured Salmon

"I am humbled to be part of this amazing community that I get to call home, and I am excited about the future of Roux 30A," says Abuvala.



World themed feast celebrating Argentina

The open-air venue allows Chef Abuvala to create his seaside inspired modern cuisine in the state of the art kitchen, interacting with guests who eagerly await their next presentation. Roux 30A has already garnered a loyal following that know to check Facebook and Instagram for the next pop-up lunch or dinner, or to reserve a coveted seat at the Around the World-themed monthly

*Roux 30A is located at 114 Logan Lane in Suite 1 A in Grayton Beach. The culinary experience extends beyond the restaurant. Chef Abuvala offers in-home meal preparation, cooking classes, and catering. To learn more visit Roux 30A online at [www.roux30a.com](http://www.roux30a.com), or to make a reservation call (850) 213-0899.*

*Susan Benton is a food and travel writer with published articles, recipes, and photography in many local, regional, and national publications. Her website is [30EATS.com](http://30EATS.com) where she writes about the secrets of Gulf Coast food.*





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# The Honey Hutch: Doing Things the Wright Way

BY SUSAN BENTON



I believe in protecting our planet, and most importantly in giving back through high-impact, sustainable projects aimed at ending extreme poverty and fighting hunger around the world.

There is nothing much like honey: the sweet elixir known around the world for its healing properties like moisturizing skin, boosting energy, and treating allergies and arthritis, to name a few. Harvesting honey is an ancient activity that dates back eight thousand years to the Mesolithic period. The ancient Egyptians used honey as part of their currency, while the Chinese are accredited with originating the art of beekeeping.

Beekeeping also found its way to Destin, where third generation apiarist Amy Wright was born, raised, and began keeping bees when she was in middle school in 1996. Liquid gold struck one Christmas morning when she and her brothers received seven hives from her grandfather, the late Hamilton Harper, who enjoyed beekeeping as a hobby.

Wright says, “The hives were such a wonderful gift from my grandfather, but they were a huge undertaking, a task difficult for teens involved in so many other activities to take on. Fortunately, my father filled in and beekeeping became a beautiful way for the two most important men in my life at the time to bond.”

With 60 years of beekeeping spanning generations, Wright felt the pull to return to the family hobby while in college at Appalachian State University, a campus located in the Blue Ridge Mountains of North Carolina.



“I spent a lot of time outdoors and with nature, and couldn’t keep my mind off of beekeeping. When my father became hospitalized I rushed home to find the hospital using honey for wound care. It became obvious to me what I needed to do for my career!” says Wright.

Following graduation and a stint traveling to third world countries, Wright returned to the Emerald Coast to launch The Honey Hutch and begin her full-time job as an apiarist. She currently has 70 hives that accommodate thirty to sixty thousand bees each, producing over 500 gallons of honey each year. The honey varieties include Tupelo, Wildflower, Gallberry, Orange Blossom, and Palmetto. Wright also creates and markets lip balm, lotion, candles, and soap made from the beeswax and honey from her hives, adding high quality essential oils like lavender, orange, and lemon.

“I’m proud of our pure raw honey and body care products made from simple, ethically sourced, wholesome ingredients; but I also want The Honey Hutch to be a mission driven company. I believe in protecting our planet, and most importantly in giving back through high-impact, sustainable projects aimed at ending extreme poverty and fighting hunger around the world.”

With that, Wright is a leader in The Sonder Project, a global non-profit charity established by South Walton businesses to help those around the world suffering the most. With the support of The Honey Hutch, The Sonder Project focuses its efforts on projects relating to education, clean drinking water, deworming, and honey bee related agriculture. Wright founded and is the lead of the Project Agriculture arm of The Sonder Project.

In 2015 Wright and The 30A Company partnered to launch the 30A Honey line, the perfect local gift or souvenir; and in 2017 The Honey Hutch was on Oprah’s list of favorite things. Currently, The Honey Hutch is making an appearance on the Anthropologie website and stores showcasing honey, honey flights, and gift sets. The Honey Hutch products can also be purchased in specialty stores and Whole Foods grocery stores across the nation, as well as directly on The Honey Hutch website.

“I want to have a successful sustainable business that provides healthy and natural products to individuals of all ages. My job allows me to do two things that I love, working with my hands and being outdoors. But more than that, it enables me to give back to mother earth and do something for the overall greater good.”

**For more information about The Honey Hutch, visit [www.thehoneyhutch.com](http://www.thehoneyhutch.com). For more information about The Sonder Project, or to help Bee The Change, visit [www.thesonderproject.org](http://www.thesonderproject.org).**



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# Lasting Impressions: Yvette Leihgeber Makes Her Mark on the Art Scene

BY ANNE HUNTER

**Y**vette Leihgeber has long been known for creating artworks that take in her physical and geographical surroundings. The decorative elements – ornamental jewelry, flowers depicted as sculpture – weave a poetic narration. Mixing soft colors and beach influences, Yvette strives to reinvent herself with each new painting. Her works of art fill the spaces with power and poetry. Her interpretation of our scenic beaches is a source of inspiration.

“My journey to 30-A began back in the early 90s,” says the artist. “My husband and our three girls immediately fell in love with the gorgeous white sands of the Emerald Coast. On our yearly family vacations from Texas, these gorgeous beaches became our home away from home. They are very, very dear to our hearts.”

The family now adores their Watersound beach home of five years, as Yvette strives effortlessly to transform spaces into the world she sees – an artistic shrine to the white sand. In words, images and objects.

“Now, more than a part-time resident, I am grateful to be living in such a wonderfully relaxed, yet edgy, vibrant, art-rich community. Dwelling here with such a creative vibe has inspired me to create so much more in my art. I am a self-taught French-inspired figurative painter working in all mediums.”

From an early age, the artist was obsessed with style, fashion, travel, and home magazines, where she drew inspiration. Against a striking backdrop of curved forms painted on canvas, with the delicate refinement of a chic beach lingerie look, Yvette’s art evokes a fashion undercurrent that defines her season – and ours. She layers her handmade jewels across her own form, bringing her paintings to life. Her work is editorial.

About 15 years ago, when Yvette traveled to Saint Maarten, she was again searching for some beach inspired jewelry made by hand. “I found a beautiful woman on the



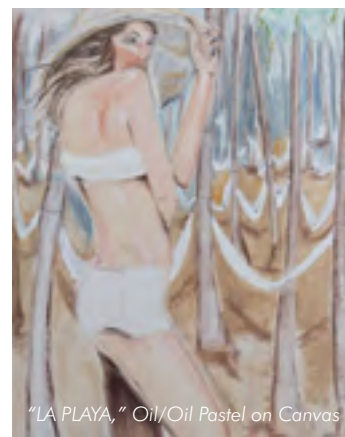
“DRIFTER,” Mixed Media on Canvas



Custom Jewelry Pieces



Yvette Leihgeber



“LA PLAYA,” Oil/Oil Pastel on Canvas

French side of the island that sold her gorgeous handmade pieces. I bought six of them. From then on I was hooked, longing for more.” Over the years, her handcrafted pieces eventually wore out. “I decided to buy some strands of leather and use the coral that I brought back from the islands beaches. I put together my own long adjustable necklaces and wore them for years. Then people started asking me if I would make them one.” While on an

extended stay on 30-A, her daughters suggested that Yvette create a line of handmade Boho-beach jewelry to sell. “So in the summer of 2016, Stranded by YL was born! I wanted the line to make you feel like you were actually stranded on a desert island. When you wear it, it takes you there, away from the chaos. This would be the great souvenir piece that would remind you of your escape to the beach.”

The beach would also inspire her creativity on canvas. “On my birthday, my husband surprised me with a Plein-air easel from an art supply in Seaside; and, a Sennelier watercolor pan of paints and French water color block of paper. My first attempt was shocking. I was technically so much better than my teenage years. Having lived some life, creating a home for my family and raising our three beautiful girls made me more skilled, more balanced, stronger. I had been creative in other ways but never tried anything like this.” Like any great athlete, she wanted to learn from the

best. “I self-studied and drew inspiration from my favorite master of impressionism, Edgar Degas... who inspired my ballet dancer series. I also studied other impressionists for my old-meets-new figurative art forms. For my absolute love of drawing, I have studied the great works of Michelangelo.”

The artist feels a sense of strength from where she creates. “I constantly try to reinvent myself, my art, my design, and my jewelry. I guess it’s a sense of adventure, without even having

to leave the studio. I thrive on multitasking. With my art, I want to continue my passion, painting the figure! Taking you on a journey into my world of escape. It’s a rustic, island vibe.”

**For more information:** [www.strandedbyyl.com](http://www.strandedbyyl.com); or IG: [@stranded\\_seaswearzz](https://www.instagram.com/stranded_seaswearzz)





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# Pedego 30A

BY JESSICA HOLTHAUS BADOUR



It replaces being in your car and sitting in traffic. Instead, you cruise down bike paths and get out in nature.

Leave it to a small stretch of beach in Florida to host the nation's leading Pedego electric bike dealership.

Pedego 30A, the Emerald Coast's first all-electric bicycle shop, was awarded "Top Dealer of the Year" after its inaugural year of business in Santa Rosa Beach. Pedego 30A booked more bike sales than any other individual dealer in 2017, out of 113 stores worldwide.

"It's incredibly humbling to have reached this milestone in our first year of business," says Pedego 30A owner Jason Medina. "When I set out to open an electric bike company on 30-A, I received a lot of questionable feedback, but the reception from our community has been overwhelmingly positive."

Pedego 30A is the region's first e- and Pedego-only bike dealer, offering sales, rentals, servicing, tours, group

rides, and more. There are 12 models of the Pedego in hundreds of colors, including cruisers, tandems, fat-tire bikes (perfect for the beach!), mountain bikes, an electric folding bike, and more. Medina is originally from the Emerald Coast and grew up sailing with his dad. His love of the water led him to a 22-year career with the U.S. Coast Guard. His plans for the bike shop started pre-retirement and Pedego actually held the 30-A territory for him as he finished his military career and relocated back to his roots on the beach.

"My family is here, and I was always returning to visit. My sister and her husband live and work in the 30-A business community," Medina says, crediting the e-bike idea to a conversation he had with his brother-in-law. "He was spending an hour in traffic every day driving a few miles to Seaside. I asked him, 'why don't you ride a bike?' And he said, 'no way, it's July!'"

"When I asked him about an e-bike, he hadn't considered it," Medina continues. "My only complaint about this area is the traffic and parking. It continues to

be one of 30-A's biggest issues. Is an e-bike *the* answer? No, but it is certainly *one* solution."

So the research began. At the time, there were no e-bike shops from Texas to Florida. When he started asking around, everyone told Medina that Pedego was the best brand around. The eco-friendly bikes offer stylish "pedal or not" whisper-quiet motors and powerful lithium ion batteries.

"When you get out of the military, everyone asks you what you're going to do. People I worked with thought maybe I'd go off to the CIA," he says, laughing. "But I've got small kids (ages 6 and 10) and I want to spend my retirement enjoying time with them instead of working in a windowless room. Everyone here thought I was pretty crazy to move on this idea."

Yet, within his first year the store is the top dealer in the country. (Clearly, he isn't crazy.)

"I'm thrilled – we have the infrastructure here, and it's not about replacing exercise," Medina explains. "It replaces being in your car and sitting in traffic. Instead, you cruise down bike paths and get out in nature – not to mention a front row parking spot in any of the downtown communities."

Medina says that the stories 30-A'ers tell him about their biking adventures is one of the best parts about his business: Couples riding their Pedego bikes together, families spending time outside, friends biking to visit each other; the e-bike is changing lifestyles and lives.

"The first couple I sold bikes to told me the husband rode everywhere and she didn't ride at all. Now, she's the one waking up her husband to ride around town, and it's an equalizer," he says. "When I looked into this idea, I didn't want to take from anyone else – I wanted to start something no one else was doing. This is unique."

Looking forward this year, Pedego 30A will continue peddling e-bike rentals (pun intended) and working with its customers. Seaside is also in talks with Medina to offer e-bikes in a new partnership in the town, among some other expansion ideas for the future.

"Right now, we're just staying happy and having fun – 'hello, fun!' that's the Pedego moniker – and we're here to deliver it to the Panhandle."

***Pedego 30A is located at 174 Watercolor Way #106 in Santa Rosa Beach, Fla. Hours are Monday–Saturday, 10 a.m.–6 p.m. For more information or to reserve a bike rental, call (850) 598-6380. Learn more about Pedego 30A at [www.pedego30a.com](http://www.pedego30a.com) and follow along on Facebook and Instagram at @pedego30a.***





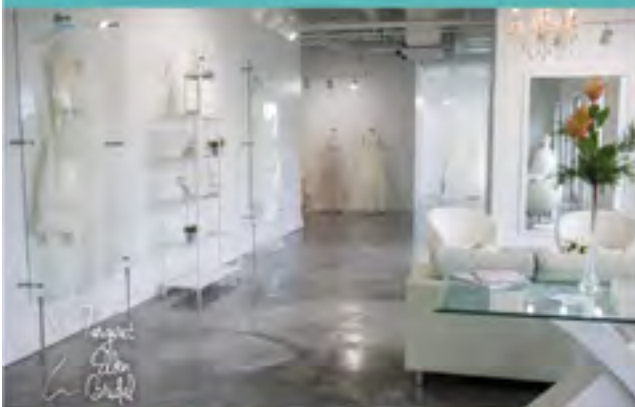
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# Westminster Teak

BY KEMPTEN TAYLOR

Choosing outdoor furniture isn't easy. Today's consumers have come a long way from dragging out that dusty lawn furniture from the garage and hosing off the splinter-ridden picnic tables and benches. You need something that combines comfort, low maintenance, and not just good looks, but the right kind of good looks. Furniture for outdoor spaces is typically mass produced and made of nearly disposable materials lacking style, coziness, and functionality. However, recently there has been a shift and people are seeking both chic and easy-to-maintain furniture for outdoor spaces, which need to evoke good conversation and encourage lingering outside a little longer in a more elegant setting. Westminster Teak is a company that fills that void and creates well-designed handsome furniture appealing enough for indoors and durable enough to withstand the outside elements and time.

Westminster Teak USA is a factory-owned company producing a variety of teakwood furniture that is made to last and provide a style for a variety of accommodations. The company was started by the present owner and CEO, James TenBroeck who began distribution of the furniture online. While the business still thrives online, it has also expanded into the retail market and the company continues to grow. The company's mission is simple: "offer high-quality outdoor teak furniture with designs that are both timeless and exclusive appeal, to residential, hospitality and contract space." While most of their products are made of the most beautiful teak, the company does not limit themselves from using a bundle of other materials to keep their pieces timeless, durable, and most importantly comfortable.

The W Hotels, Ritz Carlton, The Four Seasons, St. Regis, Grand Hyatt, JW Marriott, The James NY, The Kahala (HI), Apple, Walt Disney, The Metropolitan Opera, and Equinox Spas are just a few of the exclusive places where you might have wondered where you could get your own Westminster Teak products. Their pieces thrive in any setting where style, luxury, and satisfaction are sought. However, high-end resorts and high-class spas are not the only destinations for this company anymore. Westminster Teak is expanding, wanting residents to picture their masterpieces on the decks and patios of homes on the Emerald Coast.

"30-A is by and large an affluent community and having presence in 30-A is a natural fit, bringing quality product and good design to a discerning and sophisticated clientele," says Corporate VP and Product Designer, Mal Haddad. While enjoying time on 30-A, take a few moments to recognize and scope out



We make furniture that will endure over time, season after season, year after year, long after the trends are forgotten.

Westminster Teak furniture pieces. The Horizon, Maya, Veranda, Odyssey, Surf, and Laguna pieces, for example, all display quality characteristics and have done well not only in the residential space but also in high traffic hospitality applications.

"Teak is a durable hardwood with dense grain and high natural oil content; qualities that afford it little or no care. Its high oil and silica content makes it highly resistant to rotting, warping or splitting, allowing it to withstand the extremities of weather, including sun, rain, and snow," says Haddad. This also makes it a top choice for dealing with the salty air and strong winds that come along with the Gulf.

In addition to the furniture's reliability, it offers much more. All the teak used is environmentally friendly and complies with strict guidelines from the

Indonesian Ministry of Forestry. Westminster has made sustainability a top priority, offering both SVLK and FSC certified teak wood and becoming the first factory to join the Indonesian Chapter of the Global Forest Trade Network (GFTN), which spanned from the World Wildlife Fund.

"Our focus is on providing beautiful, timeless design without compromising quality," says Haddad. Westminster Teak thrives on knowing their product is perfect from start to finish. Their Kiln Drying Process ensures the smoothest quality, making the run of your hand along the furniture sensational, and the Life Time Warranty will guarantee perfection with every purchase. (Kiln Drying: Ensures strength and dimensional stability for furniture to withstand the rigors of climatic changes and prevents warping or splitting during or after the manufacturing process).

"We make furniture that will endure over time, season after season, year after year, long after the trends are forgotten,"

says Haddad. "And, because the furniture lasts a very long time, we end up building relationships with our customers that last just as long." With such dedication to their product, it is no wonder that Westminster Teak was voted "Best Overall" by the *Wall Street Journal*.

**To start shopping for your next set of outdoor furniture or to find more information on Westminster Teak, visit them on the web at [westminsterteak.com](http://westminsterteak.com). Westminster Teak products can also be purchased at several places off 30-A, including Summerhouse Lifestyle and Cox pools.**





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# Tracing Out the Details

BY LIESEL SCHMIDT



Exquisite Master Bath

A graduate of Auburn University in the College of Architecture, Paige understood the direction she wanted her life to take and carved her path with intention, laying the foundations to establish her very own design firm and curate a shop where she could offer beautiful home accents. As one might

their home...there's nothing better than seeing that," Schnell says with satisfaction.

As for any great designer, inspiration must come naturally, as that creates the most beautiful results. For Schnell, her greatest inspiration is found in traveling, which often translates into the projects she designs for her clients. "Seeing beautiful interiors in different places

Not all of us have the vision and talent to achieve a space that truly captures our style and the ways that we love to live, incorporating artistic details that ever-so-subtly say something almost incommunicable through actual words. Visual detail can make all the difference in making a house a home, and for designer and owner of Tracery Interiors Paige Schnell, those details are what drives her passion.



Having grown up in Opp, Alabama, 42-year-old Schnell knew well the beaches of South Walton from her many visits as a youth, so opening up shop there when she started Tracery in 2003 was a natural fit—and one that served her well. Her position at the beachside enclave communities of 30-A positioned her perfectly to capture the eye of homeowners who could benefit from her keen eye and understanding of style as well as her inherent talent for achieving something that far exceeded expectation.

For Schnell, it really is all in the finer details, as one can easily gather from the name she chose for her company. "The definition of the word tracery is the details and carving in stonework, the details of architecture," she explains. "That's really our overarching goal. We want to finish architecture with beautiful interiors, whether it's as simple as a lamp from our shops or an entire interior designed by our design studio."



AK Porch, Beth Nash, and Paige Schnell

imagine, the two are highly complementary to one another, and now the brand has become one operating two locations at Rosemary and Inlet Beaches with a team comprised of three extremely talented designers and four other employees who help keep things operating smoothly.

For Schnell, the greatest reward in running such a successful business is not in financial gains, but in the reaction she sees from her clients. "Seeing the end product is truly what I love most about my work," she says. And that end product can be mind-blowing, especially for a client who may not know quite what to expect. "We love to do 'homeowner reveals' just like the ones that are done so often on TV. Having a client in tears because they love



Seaside Master Bedroom

around the world and in different cultures is always very inspiring to me, and it's become an essential tool in my work," she explains.

It's her tool in carving out beauty—beauty in the houses she transforms into homes that her clients find sanctuary in, beauty in spaces that once seemed soulless. Big or small, each project is taken on with the very same passion and the very same eye for detail. Schnell and her team at Tracery add that finishing touch, and that touch is truly transformative.

**Tracery's Rosemary Beach shop is located at 38 Main Street, Rosemary Beach, Florida 32461. For more information, call (850) 213-3746. Visit the Inlet Beach shop and design studio location at 13063 Highway 98 East, Inlet Beach, Florida 32461. For more information, call the shop at (850) 231-6755 or the studio at (850) 213-3216. To learn more about Tracery's services, visit <https://shop.traceryinteriors.com>**



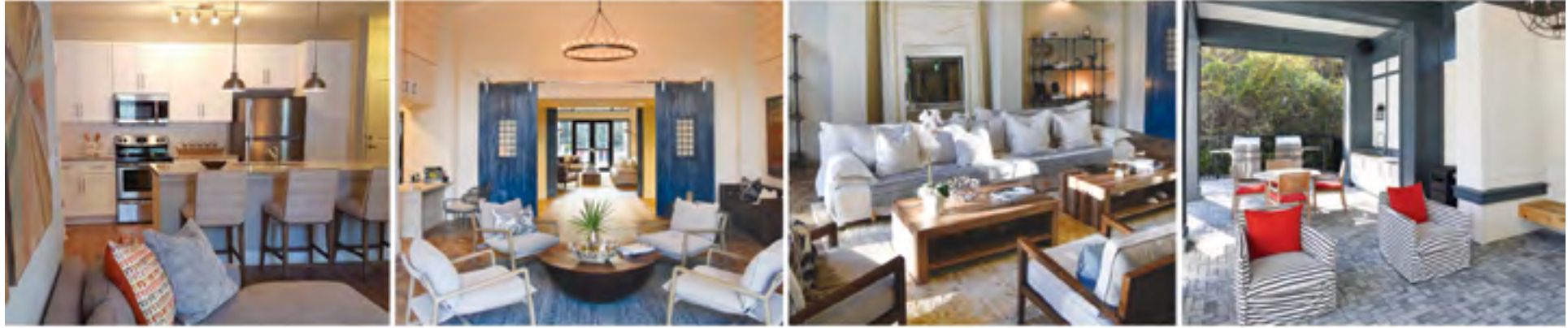


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# The Purple Wall: Seaside's Tribute to Art & Architecture Historian Vincent Scully

BY ANNE HUNTER

The finished piece



“I just felt that something more universal might be appropriate,” a local tourism official says when I asked him what he thought of the four-story mural of Vincent Scully, painted on the purple wall of the famous Machado & Silvetti building in Seaside. He continues, “A better message could be sent into the world about our area, something simple, like wings, that visitors to South Walton could connect to and repost on their social media pages.”

I wondered if he had a point.

Rodolfo Machado and Jorge Silvetti are both currently among the most illustrious professors at the Harvard Graduate School of Design. Their architectural

achievements are many, beginning with their building in Seaside Town Square, on Scenic Highway 30A.

Of course, their fame and talent served Seaside well in projecting America's first new urbanist town to the top rank of architectural places to visit. But it was the vision of Robert and Daryl Davis, who had the eye, and above all the audacity, to take a very big chance with these then-young architects — a chance that they would take on young talent, time and again, throughout the thirty-five-year history of Seaside; right down to today, with the vast mural of Vincent Scully.

The Scully portrait on the purple sidewall was painted by Andrew Pisacane, the Street Artist known

as Gaia. Commissioned by Dhru Thadani and Robert Davis, the mural honors the art and architecture historian that inspired two of his most celebrated students: Andres Duany and Lizz Plater-Zyberk, who designed the town plan of Seaside, which became the model of the movement that came to be called the New Urbanism. It was first implemented at Seaside, before the movement continued to the equally important communities of Rosemary Beach, WaterColor, and Alys Beach. To date, their firm, DPZ, has designed more than 300 such communities around the world.

As one of Seaside's early supporters, Scully's influence would be felt by many who contributed their



Scully was revered for being able to explain the innate relationship between architectural style, urbanism and the environment to the mainstream.

who works within the fabric of the public sphere functions as a tool for community—a set of skills to be employed to help promote a message that challenges the status quo and advocates for systemic change. Furthermore, this promotion of alternative narratives is enacted in such a fashion as to challenge the primacy of private property rights upon which liberal, representative democracy is founded.”

Gaia’s remark is why the tourism official had a point; not because parachutes could be synonymous with wings, but because the mural on the purple wall was making a statement; not only in our community, but also in the world. What was the point of painting the face of a man that few passersby knew, outside of the circle that was influenced by him—and on the most prominent wall on 30-A? The point might be the conversation around it. Which, in this case, leads to the historical underpinnings of our area’s unique history.

Within thirty-minutes of arriving in Seaside, Pisacane had transformed into Gaia. Donning his superhero paint clothes, he would spend 8 to 14 hours of the next five days, suspended in the air by an articulating boom lift, while facing concrete with his weapon of choice – paint. The artist would always, patiently and politely, look down to speak to anyone who engaged him and soon became beloved by all.

The final morning unveils Gaia’s towering masterpiece: it is Scully on our own Acropolis. Unleashed now, the beloved professor breaks into the silence of his Seaside. It is the sound of the great preceptor, with pursed lips and finger transcending above us all with wings, as if to say, “Listen, now...can you hear? I am no longer silent.”

Before Gaia left town he said, “This is a strange thing for me. My job is to drop in and shake things up, but I don’t want to “scorch-the-earth” here, I kind of like it.”



Gaia at work and in his element

design, planning, and architecture talents to the young town. His death last November at age 97 was mourned by lovers of architecture and urbanism throughout the world. Scully taught architectural history at Yale for more than 50 years and then for almost

20 more at University of Miami. He authored more than 20 books. His undergraduate lectures at Yale were standing-room-only. He was known as the most dramatic, impassioned, and erudite teacher at the university. Scully was revered for being able to explain the innate relationship between architectural style, urbanism and the environment to the mainstream.

Scully inspired future architects with the idea of reconnecting contemporary architecture with its past, thereby planting seeds that grew into the New Urbanism movement. He also inspired a Street Artist named Andrew Pisacane, who applied Scully’s teaching to the importance of street art in architecture.

I read an interview by Shelly Clay-Robinson that is linked on Gaia’s 80,000-follower Instagram page. In it, Gaia explains his Street Art tactics: “While ‘parachuting-in’ accurately denotes military engagement, it is ultimately a perfect metaphor for most contemporary Street Art operations. Ideally, an artist



# Would You Benefit from Taking Cod Liver Oil?

BY DR. BART M. PRECOURT

**W**hat if I told you that there was a single supplement, no gimmicks, that would benefit your immune system, heart health, skin, eyes, brain function, and even reduce joint pain and inflammation?

You might be wondering where this new and almighty supplement came from. Well, it's been here all along. In fact, it was discovered by the Norwegian Vikings in the 1700s and called the "Gold of the Ocean" due to its miraculous healing powers.

This "Gold of the Ocean" is COD LIVER OIL. Its popularity peaked between 1900 and 1950, but over time the pharmaceutical industry took over and processed it differently, so it lost most of its medicinal powers.

Yet history has a way of repeating itself. In the natural healthcare industry, Cod Liver Oil is making a big come back, as are other old remedies like bone broth and collagen. Quality is king! My personal favorite high quality and trusted source of Cod Liver Oil is from Standard Process. This is the sole source I use in my clinical nutrition practice.

Cod Liver Oil is considered a "fish oil". What makes it so unique is that it comes from the liver of the fish, not the flesh. Below are some of the highlights and benefits of Cod Liver Oil.

**HEART HEALTH:** Evidence has shown that increasing your levels of omega-3 fatty acids helps reduce risk of heart attacks, strokes, and heart disease. These good fats are critical for every cell in your body. Fatty acids are used to build the wall or lipid layer around every cell providing it with protection and strength. Even the American Heart Association recommends fish oil for overall heart health.

**IMMUNE SYSTEM:** This is where Cod Liver Oil really stands above all other fish oils and has created its surge back into popularity. Cod Liver Oil contains one of the most abundant sources of vitamin A. Known for its important role in helping maintain a strong immune system, vitamin A works as a natural anti-oxidant. The biggest challenge most of us have with vitamin A is finding a good source to get it naturally. Other good sources of vitamin A include beef liver, which not too many people are eating ... at least not yet – carrots, and kale.

**EYE HEALTH:** Fish oil supplements improve eye health and have especially been known for their effects on dry eye syndrome and their ability to promote macular health. Omega-3 fatty acids are crucial for maintaining good eye health,

yet they are not made naturally by the body, so most eye doctors recommend supplementing with fish oils.

**BRAIN HEALTH:** The benefit of fish oils on the brain is one of the primary reasons I recommend Cod Liver Oil to nearly all of my patients. Our brain is made up of roughly fifty percent fat. Half of this fat is DHA, which is the predominant structural fatty acid in the central nervous system. DHA is most notable for its role in neurodevelopment and its incredible impact on mild memory loss and depression. Cod Liver Oil stands out again here due to its naturally occurring source of DHA.

**JOINT PAIN AND INFLAMMATION:** This is where fish oils have earned their popularity. Omega-3s have powerful anti-inflammatory functions within the body. They help with exercise recovery, arthritis, joint pain, and everyday aches. One of the reasons I suggest almost all people use Cod Liver Oil is to help balance out the negative effects of the omega-6 fatty acids that we consume so much of. The omega 6s are found in all processed foods, corn oils, soy oils, and the list goes on. These omega-6s can cause broad daily inflammation in our bodies.

**SKIN HEALTH:** This may be the least known beneficial impact of cod liver oil. Fatty acids found in fish oils help hydrate your skin and ameliorate skin inflammation. Almost all skin conditions involve a lack of fatty acids and vitamin A. Again, this is where Cod Liver Oil stands out. Surprisingly it can also be used topically.

Some of you can remember your parents or grandparents passing cod liver oil out during cold and flu season by spoon. The good news is that it comes in capsules now!

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*Dr. Bart M. Precourt is a Holistic Doctor, chiropractor, acupuncturist and nutritional consultant. For nearly 20 years he has helped people get healthy, lose weight and create healthy sustainable lifestyles. He currently practices in Seagrove Beach, FL at Balance Health Studio, [www.balance30a.com](http://www.balance30a.com). For a consultation contact Balance Health Studio at (850) 231-9288.*

Dr. Bart M. Precourt







If you are looking for that unique and “**must see**” experience while visiting 30a, be sure and stop in to visit the **Justin Gaffrey Gallery**, home to the artworks of **Walton County’s premier contemporary artist**, Justin Gaffrey. The gallery is unlike any other museum or “white cube” gallery experience you have ever had! Take in the various paintings and sculptures inside and speak to a design associate about commissioning a “**made just for you**” artwork. **Roam the scenic grounds** in the **outdoor sculpture garden** and take advantage of the photo ops for that one of a kind selfie alongside Justin’s surrealistic creations. See where this artist began his career in his original studio, or find that perfect piece of original artwork for your home. There is no obligation to buy, and the gallery staff is welcoming and knowledgeable of the artist’s history, the body of work, and techniques. The **Justin Gaffrey Gallery** is located along **30a** in **Blue Mountain Beach** at **21 Blue Gulf Drive** and is open to the public Monday through Saturday from 10 am to 6 pm during the summer, and 9 am to 5 pm during the winter months. The Justin Gaffrey Gallery has something to offer for all tastes from **contemporary abstract painting** and **sculpture**, to **modern still life**, **landscape**, and **floral painting**, **limited edition prints** and one of a kind **studio relics**. For the art lover to the serious connoisseur, a trip to the **Justin Gaffrey Gallery** is a visit you will want to make each time you come to the beach! Be sure to follow Justin on Facebook and Instagram to see all of his latest creations and gallery events.



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# West Side Story

BY LIESEL SCHMIDT

The scenic, homey, yet luxurious enclave communities of 30-A have long been a draw for tourists and seekers of the good life with access to world-famous beaches. But while attention has almost been myopic in its focus on the East side of 30-A, the West side has been the shy girl at the party just waiting to be asked to dance.

And now, that dance has begun.

2017 proved to be a banner year for the West end, where new businesses opened their doors and new real estate developments broke ground. And where once there was a mere trickle of activity that was seemingly sleepy when held in comparison to the sister communities of the East, there is now a buzz of excitement and a boom of bustle that is making the West side the place to come.

“Things are really changing for this part of 30-A, and it’s becoming more attractive to people who want to spend time in the area doing something new and different,” says Stewart Haire, a luxury home specialist with Homes on 30A. “We’re seeing amazing things, especially when it comes to real estate, because lots here are larger and more affordable and this area is less densely populated.”

For the time being, at least. With only a select bit of land ready for development, it was an easy choice for a team of forward thinking developers, designers, and architects to come together and create Costa Blanca, a multi-million luxury condominium development of 14 Gulf-front units providing buyers with the unique opportunity to own more than 200 feet of private Gulf front property. Ranging in price from \$1.8 million to \$4.25 million, the condos of Costa Blanca are appointed with impressive detail in everything from their premium finishes to their top-of-the-line appliances. Prime exclusivity is the name of the game, and with that also come amenities that certainly justify the price, including a resort-style pool, access to a state of the art fitness center, a lobby, separate owner storage, and covered underground parking. The first seven units are slated for completion by summer 2018 and sales have certainly shown that Costa Blanca is in high demand.

That demand to get in on the action has been shared by business owners as well, and the feeding frenzy seems to be luring in restaurants, bars, and entertainment. Finding their own luck near the famed fishing spot known by locals as “shunk gulley” reef in the Gulf of Mexico, Perdido Key restaurateurs John McGinnis and Cameron Price partnered with builder Thomas Gallion to create Shunk Gulley Oyster Bar at the end of 2017.

“Things are really changing for this part of 30-A, and it’s becoming more attractive to people who want to spend time in the area doing something new and different.”

Having already dipped their toe in the water with a liquor and wine store operating under the same name, the trio knew that the time was prime to open a restaurant and oyster bar offering freshly caught fish and seafood in an atmosphere that showcases the natural beauty all around.

Casting their own nets are Local Catch, whose extensive menu of fresh seafood and fish dishes have a decidedly Southern twist; a new location for Cowgirl Kitchen’s down-home, stick to your ribs fare with a focus on farm-to-table freshness; Stinky’s Fish Camp’s fun, low-county cuisine; and McGuire’s Irish Pub’s brogue-inducing sampling of comfort food at its best. If elegant ambiance, decadent steaks, and craft cocktails call your name, take a table at Trebeache and savor a sip as you while away the dinner hours. For all things porky, stop in for some ‘cue at Perfect Pig; or take a more highbrow approach at Vue on 30A, where the name says it all and the food on the plates is as beautiful as the sunsets you’ll see from their patio.

Keeping spirits high is Growler Garage 30A, a hip new craft beer joint with more than 40 craft micro-brews and wines on tap. Focusing a great deal on offering local Florida brews, Growler Garage is unique in its vision, combining its owners’ love of surfing, custom bikes, and—of course—beer to provide an atmosphere that is casual and fun, the perfect place to spend some trying out what’s new on tap or filling up one of their growlers to take out on the beach.



Stewart Haire

With so much bringing people into the area, the Green at Gulf Place is staying on beat by bringing in the entertainment, offering regular concerts and local entertainers that are showing off their talent. “This is a fun place to be,” says Haire. “It’s exciting to see what’s happening and this is really only the beginning.”

**For more information on real estate opportunities, contact Stewart Haire at [stewart@HomesOn30A.com](mailto:stewart@HomesOn30A.com) or call (850) 687-4530. Visit him on the web at [www.stewart.30apropertysearch.com](http://www.stewart.30apropertysearch.com).**





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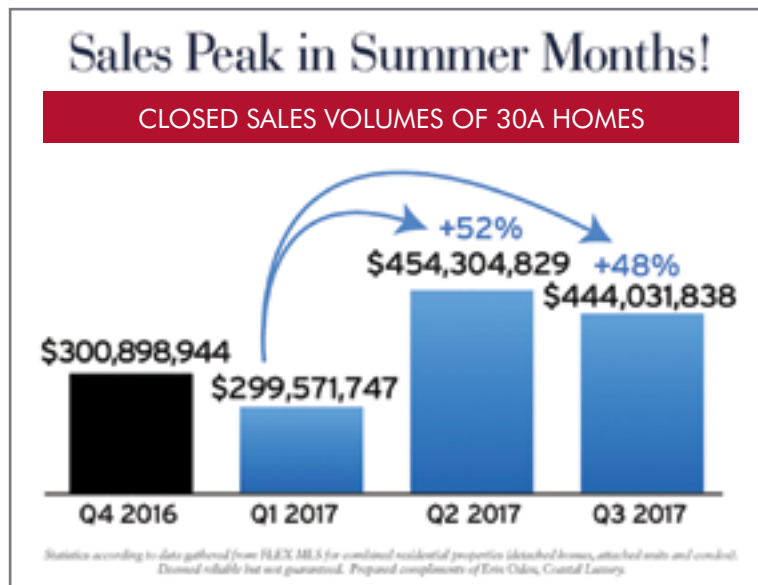


# List NOW to Sell This Summer!

## Strategically Position Your Beach Property to Sell During the Strongest Selling Season!

BY ERIN ODEN

The summer months provide the highest concentration of prospective real estate buyers and, in turn, we typically see peak sales volumes during this busy time.



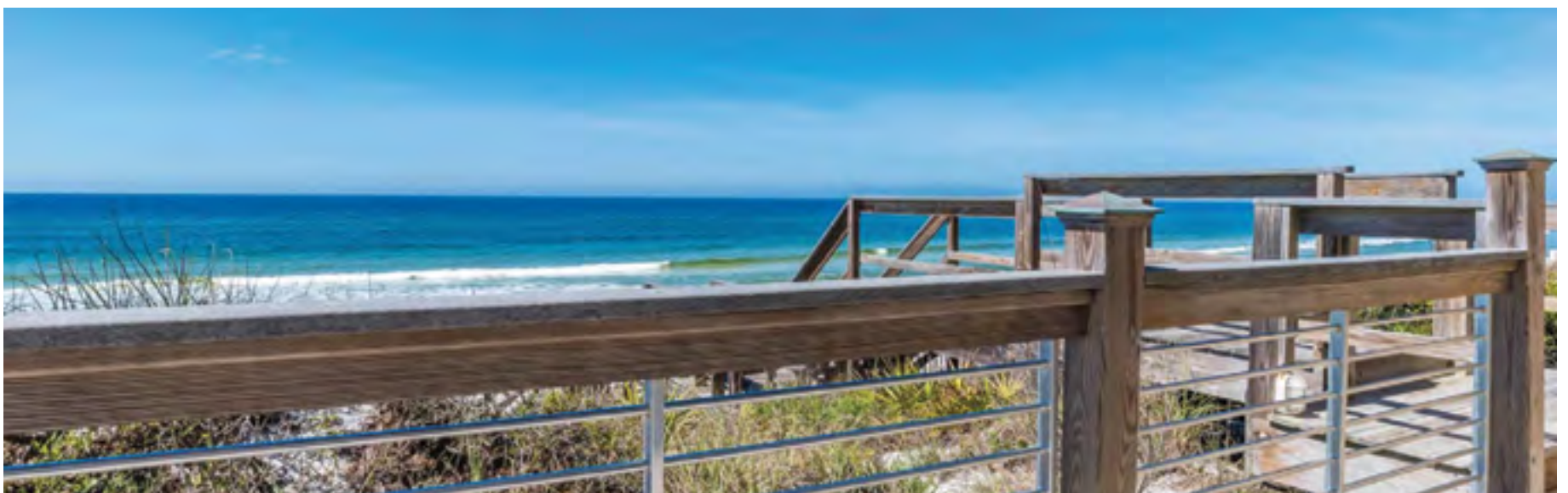
IF THE SUMMER MONTHS PROVIDE THE MOST OPPORTUNE SEASONAL ADVANTAGE, SELLERS SHOULD BEGIN MARKETING THEIR BEACH PROPERTY IN THE MONTHS PRIOR TO BE LINED UP FOR SEASONAL ADVANTAGE.

Home sales along 30-A for second quarter of 2017 exceeded \$454 million in sold volume – a 52% increase over the sold volume of the prior quarter (Q1 2017). Similarly, sales remained very strong into the later summer months, with \$444 million in volume sold in the third quarter, 48% more sold than in quarter one. These sales statistics verify for us that opportunity for sellers of 30-A properties is at a peak in the summer months. This is the selling season, as these months have historically proven to be seasonally superior sales months here at the beach. A key statistic that many do

not factor is adequate market exposure time in advance of a sale. The days on market show that homes along the 30-A corridor are selling in fewer than 6 months, which is encouraging news for sellers. If the summer months provide the most opportune seasonal advantage, sellers should begin marking their beach property well in advance to be lined up for seasonal advantage.



*Erin Oden is the principal broker and owner of Coastal Luxury, a real estate firm that maintains a strong emphasis on intimate market knowledge and expertise in the luxury and Gulf-front market. Erin can be reached at (850) 502-1220 or [erin@coastalluxury.com](mailto:erin@coastalluxury.com). Or stop by Coastal Luxury, located directly on 30A, the first office east of Alys Beach. Search all available properties at [coastalluxury.com/SEARCH](http://coastalluxury.com/SEARCH).*







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# Critical Choices

BY KIMBERLY WATSON SEWELL AND FRANKLIN H. WATSON

There are two critical choices commonly faced by parents of minor children. First, who will take care of their minor children, if orphaned; and, second, who will manage the inheritance?

## GUARDIAN GUIDANCE

If you are separated or divorced, the surviving biological parent of your minor children will continue to be their legal guardian, absent a court-proven case of unfitness. Nonetheless, parents of minor children will want to make prudent choices regarding guardianship should those children become orphaned.

While every family situation is different, here are some general pointers for your consideration when selecting guardians for your minor children:

- Select guardians who share your faith, values, and life priorities; and already have an established positive relationship with your minor children;
- Consider, when selecting a married family member, appointing the family member only, in case your family member predeceases or they divorce;
- Make sure your legal plans provide for the compensation of the guardians, or at least that your children's inheritance is available to cover all legitimate expenses incurred on their behalf; and
- Obtain the permission of the selected guardians before appointing them in your legal instruments.

## FIDUCIARY FULFILLMENT

Simply put, a fiduciary is a person or an institution legally responsible for the financial affairs of another. They are held to the highest standards of care and loyalty in this role. Who will manage any inheritance left upon your death?

Practically speaking, you have three options. [If you fail to make your choices known through legal planning, the selection will be left to a judge.]

**Option #1:** Appoint trusted family members or friends. Upside: They likely know the strengths and weaknesses of your heirs, plus they may not charge much, if anything, to oversee the inheritance. Downside: They may be busy with and distracted by their own financial responsibilities...and not be able to say "no" to irresponsible heirs.

**Option #2:** Appoint a professional fiduciary, such as an institution (e.g., a corporate personal representative/trustee). The upside and downside are the reverse of Option #1.

Few decisions in life are more important than the appointment of guardians and fiduciaries.

**Option #3:** Combine Options #1 and #2 for the best of both worlds. In other words, the family appointee who knows the strengths and weaknesses of your heirs will neither jeopardize their relationships with your children, nor will they get bogged down with investments, accounting and tax details. Instead, the professional fiduciary shoulders (and is compensated for) the day-to-day management of the inheritance for your heirs. Plus, they can play the heavy, if needed.

## SUMMARY

Few decisions in life are more important than the appointment of guardians and fiduciaries. Furthermore, proper estate planning is a process, not simply a one-time event and it only makes sense to periodically review your planning goals and legal instruments. Review this list of life changes that could alter your estate-planning needs. If any of these areas apply to you or your family, it may be time for an estate plan check-up:

1. Marriage, remarriage or divorce
2. Death of a spouse or beneficiary
3. Substantial change in estate size
4. Death or incapacity of an executor, trustee or guardian
5. Move to another state
6. Acquisition of property in another state
7. Birth or adoption of a child or grandchild
8. Serious illness of a family member
9. Change in business interest or retirement
10. Change in insurability for life insurance
11. Marriage or divorce of a beneficiary
12. Change in beneficiary attitudes
13. Financial irresponsibility of a child
14. Change in tax law
15. More than two years since review of plan with attorney



Kimberly Watson Sewell  
and Frank Watson



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# Finding Purpose in a doGooD Society

BY KERRI PARKER

What would you do if you moved your family, including your autistic child, to a community that had little to no special needs programs? Ask full-time residents of Walton County, Mike Schumacher or Jennifer Fitzgerald, and they will tell you their inspiring story based on personal experience.

There was a time, not so long ago, when children and adults with special needs living in Walton County had few opportunities to learn additional life skills, receive on the job training and mentoring, or to compete in sports. It is hard to imagine that only five years ago, the 'GooD' began to emerge on behalf of our special needs community.

In 2012, Mike Schumacher and his family moved to South Walton from Virginia. His son with autism had limitless opportunities to participate in special needs programs in their home state. Upon arrival, the family discovered that Walton County did not have a Special Olympics chapter to join, a program his son had been immersed in from one seasonal sport to another for many years.

The family did not let their spirits settle, instead they began asking questions- turning over stones - meeting with other families who were also desperately seeking programs for their special need family members. Mike was soon introduced to Jennifer Fitzgerald. Jennifer has a child with Downs syndrome. The two parents had a shared vision of hope; for not only their children, but also for others with special needs, to flourish in Walton County.

They petitioned the state to authorize Special Olympics Florida – Walton County. By 2013, Walton County held an inaugural county-wide Special Olympics field day event hosted by Emerald Coast Middle School (ECMS). The event garnered over 120 special needs participants and served to introduce the existence of Walton County's Special Olympics program to parents of students with special needs in the school system. "The number of participants was encouraging. We were incredibly grateful for the support of the ECMS principal at the time, Charlie Marelllo. The inaugural event brought us to happy tears. It was a great start to what has become a life purpose for many in our community," says Schumacher.

Since inception, Special Olympics Florida- Walton County has grown to include over a dozen competitive year-round sports programs and serves over 90 athletes. As local awareness of the program continues to expand



Photos courtesy of J Conley Images



Special Olympics Florida- Walton County has grown to include over a dozen competitive year-round sports programs and serves over 90 athletes.

the numbers of families it serves also continue to increase. True to beach lifestyle form, Walton County was one of the first counties in the country to offer Stand Up Paddle (SUP) for special needs children and adults. SUP is now an officially recognized competitive sport of the Special Olympics organization.

The Special Olympic athletes of Walton County not only compete locally and regionally, they have successfully competed on a state level and consistently bring home medals throughout past competition seasons. Most recently Walton's Special Olympic athletes garnered 8 gold and 4 bronze medals during their last state competition for bowling. The most significant accomplishment for the program to date will take place this July 2018, when two Walton County athletes will compete in the 2018

Special Olympics USA Games in Seattle, WA. Hutch Weeks qualified for the National SUP Special Olympics competition and Greg Floyd qualified for Nationals competing in powerlifting. Cheers will no doubt be heard countywide this coming July!

As Special Olympics Florida – Walton County has grown, so has the support from our community. Charitable events have been created specifically to aid in providing transportation and leadership to the organization. As a springboard from the success of Special Olympics Florida - Walton County, there are now multiple work-study programs for special needs teenagers and adults, with more additional programs and opportunities kicking off this spring.

"The tremendous support of our community has been an inspiration. I have a job, but this is my purpose," says Schumacher. "When you are doing GooD for others, doors will open."

*To learn more about the Special Olympics Florida – Walton County or other emerging special needs programs, feel free to contact Walton County Director, Nancy Simpler at (850) 419-5804 or [nancysimpler@specialolympicswalton.org](mailto:nancysimpler@specialolympicswalton.org)*

*Kerri Parker is the founder of doGooD LLC, a marketing strategy company with the core purpose of doing GooD for small businesses and non-profit organizations.*



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# Save Time by Learning from the Best

BY TOM FITZPATRICK



Grip



First Move



Batter

**A**re you a serious golfer at heart and want to take your game a few notches higher? Then save yourself years of frustration by visiting the David Leadbetter Golf Academy, where they've been reshaping golf instruction for the past thirty years.

I recently attended their Elite Instructor Training summit at the Orlando headquarters. There you'll find an inspiring campus setting that includes great outdoor practice facilities complemented by a putting lab, trackman range bays, and video rooms. Leadbetter personally welcomed us early that morning. In attendance were his hand-picked Academy teachers from Europe, Asia, and Africa, all united in their desire to learn from the 2017 PGA Teacher of the Year.

David has the unique ability to deliver golf tips that make you wonder how he comes up with this stuff. That eloquent British accent continues to deliver a succinct message that's inspired many to elevate their golf games. I could listen to Leadbetter speak for hours, as he will often weave in stories of teaching Faldo, Seve, Michelle Wie, and Lydia Ko.

The morning session was framed around his new book *The A Swing*, which summarizes his years of teaching into a straight forward path for all levels.

Although technology is playing a larger role in instruction, golf is highly feel oriented. Leadbetter

advocates personal lessons, in three hour blocks, for a student to feel what it is they should be doing.

For juniors, the new Leadbetter Kids program recommends introducing golf from 6 to 12 years of age. Very light equipment is critical so kids see results quickly!

## HERE ARE THREE TAKEAWAYS FROM LEADBETTER'S SUMMIT.

### What is the most common fault?

**DL:** (See photo above, left) A bad grip. 90% of golfers hold the club in the palm where it can't hinge. Grip the club with your left arm and hand folded inward. Then lay the grip naturally across the base of your fingers.

### What's the most important move in golf?

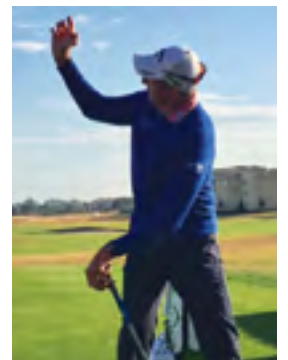
**DL:** (See photo above, center) The first move back, which is "grip in, clubhead out". Start the club back with your core stomach muscles while keeping the "grip in, club head out" for the first few feet.

**Tom:** The clubface may feel closed initially as the grip moves to your right thigh before the right wrist really sets the club vertically. Get this part right and the swing stands a good chance of being a chain reaction, which requires less thinking.

### What's the single best drill?

**DL:** (See photo above) I've seen remarkable results from practicing what a baseball batter does: That is to step forward before the batter swings. This starts the proper lower body shift forward before the arms swing down.

**Tom:** Stomp your left foot down hard as you start forward. It's a power move!



*For more information go to [www.davidleadbetter.com](http://www.davidleadbetter.com) or visit one of his 32 academies in 14 countries.*

*Tom Fitzpatrick has conducted corporate golf events, worked for David Leadbetter, and is an active realtor with Scenic Sotheby's Intl Realty. Reach him at (850) 225-4674 or visit [tom.scenicgir.com](http://tom.scenicgir.com)*



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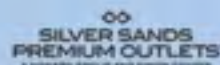
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angelinas30a.com

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(850) 231-2500



# YES YOU CAN LAUGH, SNEEZE, JUMP

*{ all without leaking }*

Attend a **FREE** Women's Health Community Education Seminar presented by Coloplast where bladder leakage and treatment options will be discussed. Light refreshments will be served.

An educational series, sponsored by Coloplast Corp., designed to inform and empower. [www.PelvicHealthID.com](http://www.PelvicHealthID.com)

## Wednesday, March 7, 2018

Registration begins at 5:30 p.m.  
Presentation begins at 6:00 p.m.

## Tuesday, April 17, 2018

Registration begins at 5:30 p.m.  
Presentation begins at 6:00 p.m.

Featuring: Dr. Nicole Eisenbrown

The Seaside Institute  
Assembly Hall  
168 Smolian Circle  
Santa Rosa Beach, FL 32459

*For additional parking, please use the beach access parking lot before you get to Seaside (in Watercolor). It is a 5 minute walk to the Assembly Hall.*

To reserve your space or for more information about this **FREE** Coloplast Women's Health Community Seminar, please call: **(866) 464-6777**







Beautiful New Entrance  
& Now a Gated Community

# Now preselling Custom Homes

## 30A's best kept secret



45 Nickajack - MLS787529  
2,475SF | \$779,900



Lot 67 - MLS791624  
3,525SF | \$1,099,900  
Builder Fox Construction

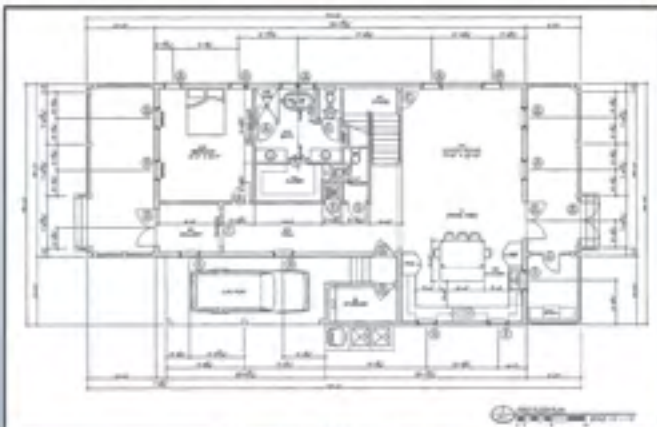


TEXT T-401 45683 to 81035  
LOT 2 - MLS753404  
2,978SF | \$865,500  
Builder LPKK Investments



Lot 9 - MLS777681  
3,108SF | \$1,069,900  
Builder LPKK Investments

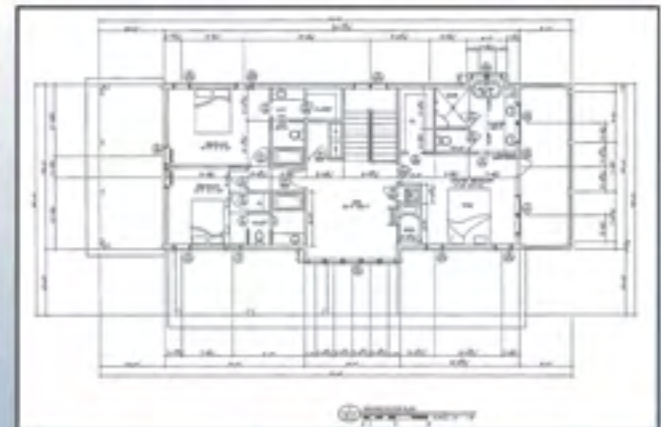
Truly, 30A's "Best Kept Secret!" Forest Lakes offers nature trails, fishing, kayaking & paddle boarding in the beautiful lake. Enjoy the pool and pavilion with a summer kitchen. This community has some of the best houses with superb craftsmanship. Olde Florida, just minutes to the beach!



Master Main Floor



N. Nickajack - MLS787664  
2,856SF | \$899,900  
Builder Nola Venture



Master 2nd Floor

### The Homes with Everything!



Lot 75, 3,210SF  
\$1,195,000 | MLS777476  
Builder LPKK Investments



### Now Under Construction, Completion Early Fall



Lot 77, 3,287SF  
\$1,169,900 | MLS780806  
Builder LPKK Investments



RELY ON OUR EXPERTISE

We Change Lives through Real Estate

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david.deldonie@era-american.com

32 E. Highway 30A

Grayton Beach, FL 32459

karladelmonaco.com



David Del Donie  
850.240.3353

Karla Del Monaco  
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Construction Complete March 2018



Lot 6 Ventana Dunes, 2,453 SF, 2 M BR's  
\$659,900 | MLS777497  
Builder LPKK Investments



Lot 7 Ventana Dunes, 2,453 SF, 2 M BR's  
\$659,900 | MLS777496  
Builder LPKK Investments



TEXT: T40153780 to 81035

*45 S. Ryan Street*

Beach House with 5BR/5.5 BA with 3,146SF. Sleeps 18 with 3rd floor hosting of bunks, full bed, sleeper sofa, kitchenette & full bath! Furnished with amazing views of the Gulf too! Fabulous getaway or great investment property!  
MLS 753429 | \$1,495,000

*Summer's Edge*  
on 30A

"Olde Florida" at its best! Strolling through this community by the beach with natural vegetation and lush oaks, you will find privacy and seclusion. Features include two community pools, a two minute stroll to the beach access and quaint sidewalks. Come & experience Emerald Coast's Walton County's Summer's Edge.



TEXT: T40127494 to 81035

GULF PLACE Beautiful large lot in gated community with beach access & all the amenities at the Gulf Place Town Center are yours to enjoy.  
\$410,000 | MLS748440



"Beach Dreamers Dream"  
83 Mountain Top Dune Dr. Santa Rosa Beach 1,700 SF This house sets on a .5 acre corner lot, with plenty of parking and a short walk to the beach. \$598,900 | MLS784704



Here it is! "The Beach Dreamers Retreat"  
95 Carolyn Ln. Santa Rosa Beach, 1,462 SF, 2BR/2BA Tucked away in its natural vegetation with Bay views. This Beach House rests on an overlarge lot and is only minutes to the beach. \$359,900 | MLS784083

Karla Del Monaco  
850-240-3354

**RELY ON OUR EXPERTISE**  
*We Change Lives through Real Estate*

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# Hello Spring!

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# We Make it Happen! We Make it Fun!

## BUYING OR SELLING



11 Spanish Town Court | \$11,900,000 | 6 BR | 7 BA  
Gorgeous Gulf Front with Private Pool in Rosemary Beach



32 Abaco Lane | \$3,999,999 | 5 BR | 4.5 BA  
Fully remodeled and new interior furnishings | Overlooking Abaco Park in Rosemary Beach



Lot 6 Beachfront Trail | \$3,900,000  
48.64' x 385' | 48.64 Gulf Front Feet  
Gulf Front lot in the gated community of Seclusion Dunes



37 N. Green Turtle Lane | \$2,299,000 | 4 BR | 3.5 BA  
Main and Carriage Houses with approved Pool Plans  
South of 30-A Rosemary Beach



23 Johnstown Lane | \$1,799,000 | 4 BR | 4.5 BA  
Beautifully decorated townhome with an elevator  
Adjacent to the Owners Club & Pool in Rosemary Beach



240 Needlerush Drive | \$1,730,000 | 5BR | 4.5 BA  
Located in the WaterColor Lake district this home offers a main and carriage house with access to the gulf front beach club



108F Georgetown Avenue | \$725,000 | 2BR | 2 BA  
Top Floor Corner Unit in Rosemary Beach overlooking the St Augustine Green. Rental numbers are \$45k.



TOPS'I Beach & Racquet Resort, Unit 909 | \$595,000 | 2 BR | 2 BA  
Panoramic views of the Gulf of Mexico and the bay.  
Resort living at it's finest and offered fully furnished.

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